



Support services



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There are support services that can help if sexual harassment has happened to you.



You can get support from the **Employee Assistance Program** at your workplace.



Employee Assistance Programs give free mental health support to all workers.



You can call the **NSW Sexual Violence Helpline** on 1800 424 017.



The **NSW Sexual Violence Helpline** gives free support to people who have had bad sexual things happen to them.



You can call **1800 Respect** on 1800 737 732.



1800 Respect gives free support for people who had sexual harassment happen to them.



You can call the **NSW Victims Services Access Line** on 1800 633 063.



The **NSW Victims Services Access Line** gives free information and support to people who have had sexual harassment happen to them.



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If you are Aboriginal or Torres Strait Islander you can call **1800 019 123**.



You can call **Lifeline** on 13 11 14.



Lifeline gives free support for mental health.



You can call **Mensline** on 1300 789 978.



Mensline gives free support for men.



You can call **Survivors and Mates Support Network** on 1800 472 676.



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SURVIVORS & MATES SUPPORT NETWORK

Survivors and Mates Support Network gives free support to men who have had bad sexual things happen to them.



You can call **LawAccess NSW** on 1300 888 529.



LawAccess / **NSW**

LawAccess NSW gives free legal help and information.



You can call **ACON** on 02 9206 2000.



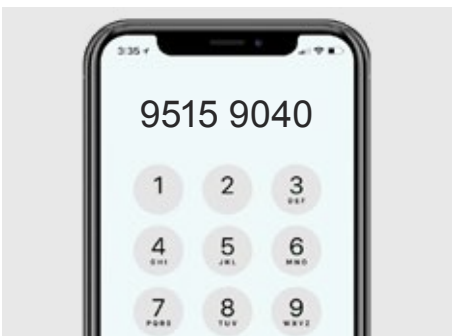
ACON gives free health services for LGBTIQ people.



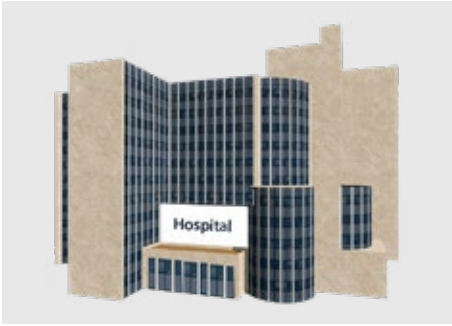
You can call **Sydney Sexual Health Centre** on 02 9382 7440.



Sydney Sexual Health Centre gives free and safe sexual health services.



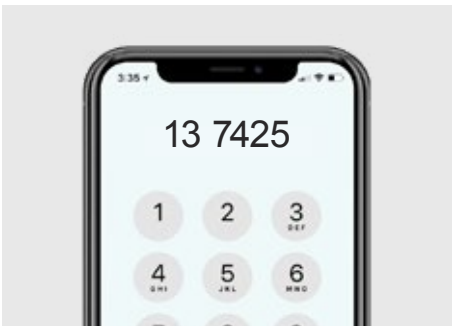
You can call the **Royal Prince Alfred Hospital Community Health Sexual Assault Service** on 9515 9040.



The **Royal Prince Alfred Hospital Community Health Sexual Assault Service** gives free support for people who have had sexual assault happen to them.



If you call them after 5 pm the number is 9515 6111.



You can call the **National Home Doctor Service** on 13 7425.



The **National Home Doctor Service** gives free support for doctors to come to your house.

Council for Intellectual Disability made this document Easy Read. **CID** for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at business@cid.org.au.